

GUT SHABBOS

PREPARATIONS

Preparations for Shabbat begin half way through the week.

The shopping has to be done, clothes cleaned, guests invited and the cooking completed.

On the afternoon, adults leave work and children leave school long before

Pockets are emptied, washing and showering is completed and the table is laid. If timers for automatic lighting have to be set, it is all done in advance of the beginning of Shabbat.

..... minutes before sunset. The of the house officially marks the beginning of Shabbat. Two candles are lit representing the two commandments of and, meaning to remember and observe.

TO SYNAGOGUE

The men then attend a brief evening service in the Brief in synagogue terms means about 45 minutes. At the end of the service, worshippers express "....." or "Gut Shabbos"

HOME FOR THE EVENING MEAL

After the service, the men return for a family meal.

Before it begins the of the house recites a prayer over wine sanctifying the Sabbath.

Two loaves of a sweet eggy bread shaped in a braid are blessed, cut and distributed to all members of the family. However, first, is sprinkled on each piece.

Sabbath meals are usually stewed or slowly cooked items because of the prohibition against actually on the Sabbath.

The Sabbath meal is taken slowly with much talk, stories or even singing. Unless small children are present the meal lasts late into the evening.

And so to bed (with the lights left exactly as they were at the beginning of Sabbath!)

SATURDAY MORNING

Service in the synagogue begins around 9.00am and may continue as late as 12 noon.

The service would be led by a from the

The scrolls would be taken from the, lessons read, including a reading from the There would be a sermon and prayers as well as singing.

On special days there might be an extra service known as a

HOME FOR LUNCH

The lunch on this occasion will already have been cooked the day before.

Some Jews use a in order to keep food hot during Shabbat.

A favourite meal for many is a very slowly cooked stew, with meat (..... of course) vegetables, and potatoes.

Kiddush is again said before the meal. Kiddush means

AFTERNON ACTIVITIES.

The lunchtime meals may end around 2.00pm

The family may go for a walk, study or read the Torah. Some board games may be played.

No may be listened to or watched.

Guests may be welcomed, but one does not invited them for a cup of tea, if water has to be boiled.

Often a light afternoon meal may be eaten

HAVDALAH

Shabbat ends around Traditionally when three are visible in the night sky, or minutes after sunset.

The family performs the ritual of Havdalah which means

Blessings are recited over, and candles.

The special Havdalah candle is lit and a special blessing is recited regarding the division between the sacred and the secular, between Sabbath and days.

Shabbat ends and everyone is wished ("Have a good week") Very American!

WHERE THE ANSWERS ARE TO BE FOUND

H	O	D	O	H	A	G	M	R	C	U	P	A	J	M	F
C	D	A	A	H	S	U	D	D	I	K	L	A	A	C	M
E	N	M	R	T	P	R	N	Y	R	A	N	I	D	R	O
L	I	D	O	R	H	V	A	M	D	C	N	O	E	D	L
B	F	R	N	A	F	O	R	T	Y	T	W	O	S	A	A
N	A	M	H	D	Q	T	D	L	S	X	E	Y	Y	D	H
H	S	N	O	I	T	A	C	I	F	I	T	C	N	A	S
H	U	M	D	O	S	U	N	S	E	T	C	T	A	N	T
K	M	T	E	L	E	V	I	S	I	O	N	C	G	R	A
O	J	C	S	E	P	A	R	A	T	I	O	N	O	Y	B
S	C	W	H	N	R	H	C	O	O	K	I	N	G	A	B
H	R	O	M	A	H	S	R	O	H	C	A	Z	U	D	A
E	E	M	E	E	L	N	E	E	T	H	G	I	E	I	H
R	L	A	T	N	E	L	O	H	C	I	C	E	C	R	S
I	D	N	S	A	L	T	A	I	B	B	A	R	X	F	F
G	U	T	G	N	S	J	P	H	P	C	P	V	E	M	D

MAZEL TOV